Castlerock Care Services

Nursing Skills Check List

Levels of Experience

1. I am familiar with this procedure and can perform independently.
2. I am familiar with this procedure but would need supervision.
3. Understand theory behind procedure but never performed task.
4. No contact with equipment or this patient situation. No knowledge of procedure.

Nursing Skills

Administration of Medicines	**1**	**2**	**3**	**4**	**Comments**
Oral administration					
Injections					
Administration of rectal and vaginal preparations					
Topical application of drugs					
Administration of drugs in other forms e.g. eye drops, ear drops, nose drops, inhalations					
Cytotoxic drugs					

Intravenous Therapy					
I.V. Rate calculations					
Administration of drugs by continuous infusion					
Administration of drugs by intermittent infusion					
Administration of drugs by injection e.g. bolus or titration					
Heperinization of IV Cannula					
Administration of blood and blood products e.g. plasma or colloids					
Infusion pumps					
Syringe drivers					
Central venous catheter					
Central venous pressure readings (cvp)					
Venepuncture (taking blood)					
Arterial lines:					
Setting up for					
Taking a blood sample from					
Removal of					

Total Parental Nutrition					
(TPA Hyper alimentation)					
Knowledge of solutions					
Assistance with insertion					
Dressing change					

Gastrointestinal					
Naso-gastric tube insertion					
Care of naso-gastric tube					
Feeding via a naso-gastric tube					
Stoma care					
Care of patient with abdominal wounds/drains e.g. gastrostomy, PEG tube, caecostomy drain					
Care of the patient undergoing abdominal paracentesis					
Care of the patient during and after a liver biopsy					
Care of the patient post abdominal surgery					

Gastrointestinal (Continued)	**1**	**2**	**3**	**4**	**Comments**
Administration of enemas					
Administration of suppositories					
Rectal lavage					

Renal					
Insertion of catheter					
Male					
Female					
Catheter care					
Suprapubic catheter					
Nephrostomy tube					
Bladder lavage and irrigation					
Care of patient with renal transplant					
On haemodialysis					
On peritoneal dialysis					
Following Nephrectomy					

Neurological					
Neurological observations and assessment					
Care of a patient during and following a seizure					
Care of a patient with					
A head injury					
Following a cva					
With a spinal cord injury (e.g. quadriplegic or paraplegic)					
Following spinal surgery (e.g. Laminectomy)					
An unconscious patient					
During and after a lumbar puncture					

Orthopaedics					
Care of a patient					
In plaster of paris					
With skin traction					
With skeletal traction					
Following amputation					
Halo traction					
Crutchfield tongs					
Stryker frame					
Spinal lifts					
Log roll					

Wound care					
Changing wound dressing					
Aseptic technique					
Removal of sutures					
Clips					
Staples					
Drain dressings (e.g. keyhole-redivac and closed drainage system)					
Change of vacumn bottle					
Shortening of a drain(e.g. Penrose, Corrugated					
Removal of drain					
Prevention of pressure sores					

Respiratory					
Oxygen therapy					

Respiratory (Continued)	**1**	**2**	**3**	**4**	**Comments**
Suctioning					
Oropharyngeal					
Endotracheal					
Tracheostomy care					
Changing a dressing					
Suctioning a tracheostomy					
Changing a tracheostomy tube					
Management of chest tube (under water seal drainage)					
Changing drainage tubing and bottles (under water seal)					
Removal of drainage tubes					
Care of ventilated patient					
Obtaining arterial blood gases					
Interpreting arterial blood gases					
Assisting with intubations					

Cardiovascular					
Perform 12 lead electro cardio grams (ECG)					
Cardiac monitoring					
Telementry					
Interpretation of basic arrhythmias					
Cardiopulmonary resuscitation					
Defibrillation					
Assisting with insertion of a pacemaker					
Aortic balloon pump					
Swans-Ganz catheter					
Care of patient with acute myocardial infarcation					
Care of patient with congestive cardiac failure					
Care of patient post cardiac surgery (e.g. coronary vein grafts, aortic valve replacement)					
Care of patient post cardiac catheterisation					

Cardiac Arrest					
Knowledge of drugs used					
Use of airway and ambu bag					
Cardiac Compressions					

Others					
Barrier nursing – infectious or immunosuppressed patient					
Care of multiple trauma patient					
Care of patient with eye problems					
Care of a confused patient					
Knowledge of the NMC Code of Professional Conduct					
knowledge of the NMC guidelines for the administration of medicines					

Comments (any other skills etc.)

Print Name: _____ Signature: _____ Date: ____/____/____